

Little Bay Baking Company

MORNING GLORY MUFFINS

1 bag Little Bay Baking All Purpose Breakfast Mix	3 large eggs
$\frac{3}{4}$ cup rice milk	6 Tbs vegetable oil
$\frac{3}{4}$ cup unsweetened applesauce	$\frac{3}{4}$ cup raisins
1 $\frac{1}{2}$ cups finely grated carrots	6 Tbs. shredded coconut
2 small apples, grated	

In a medium bowl, combine eggs, rice milk, applesauce and vegetable oil. Stir in bag of All Purpose Breakfast mix until just blended. Add remaining ingredients and stir gently. Spoon into muffin tins and bake at 375 degrees for 25-30 minutes.

Makes about 20-24 muffins.

Optional: Add $\frac{1}{2}$ cup chopped nuts to batter.